

Age my way!

OLDER
AMERICANS
MONTH



You're invited!

May 2022

fcaa Flathead County
agency on aging

Events:

For more information, call 758-5730

May 2nd-31st

Selfie Challenge: "Aging my way means _____"

1. Take a photo of yourself that expresses what it means to "Age my Way."
(Be creative and celebrate the ways you live a good life!)
2. Post to our online event in the Discussion Tab, FlatheadAgencyonAging.*
3. Add a hashtag: **#OlderAmericansMonth** or **#AgeMyWay**.

Note: All entries will be entered in a prize drawing of the book by Chip Conley
"Wisdom at Work: The Making of a Modern Elder."

*Scan QR Code:



May 10th

10:30 am-Noon

Alzheimer's & Dementia Listening Session

Earl Bennett Bldg, A/B Conference Room

1035 1st Ave W, Kalispell

Register by calling (406) 318-8242 or meawilliams@alz.org

May 13th

11:30 am-1:00 pm

Fight Fraud Friday! Medicare Fraud Prevention

Latest scam info to help you protect yourself against fraud.

Info table and handouts in the AOA Dining Room

May 21st

2:00-4:00 pm

Old Fashioned Tea Party

Hosted by the Kalispell Senior Center, Tickets \$10

Must purchase in advance: 257-1598

May 23rd

1:00-1:30 pm

Puzzle Workshop in the Dining Room

Join us for lunch (served between 11:30-1:00) and pick up a puzzle book. Learn some secrets to puzzle solving at 1 pm

May 27th

11:30 am-1:00 pm

Older Americans Month Grand Finale

Join us for Dessert on the Dining Room Patio!